

Our Core Purpose: Excited to learn with confidence together in God's hands.

Community and Living Well Together

We all need each other. Well being

IMPACT (WHAT)

Belonging Friendship

This will benefit our pupils and the wider community

As a well balanced young citizen prepared for future life

Able to recognise and talk about their emotions,
Aware of how to seek help or advice from others if needed.

Aware of the importance of self-respect and how this links to their own happiness

Aware of the benefits of physical exercise and time outdoors, on mental wellbeing and happiness

Aware that mental wellbeing is a normal part of daily life, in the same way as physical health.

Know simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests

Dignity and Respect

Everyone matters. God loves us no matter how small

Respect IMPACT (WHAT)

Links to the wider community and enrichment

Aware of self and others and the importance of responsible behaviours and actions, including bullying /cyber -bullying

Know about rights and responsibilities as members of families, other groups and ultimately as citizens

Know about different groups and communities and British Values

Respect diversity and equality and how to be a productive member of a diverse community

Understand the importance of respecting and protecting the environment

Enrichment activities

Whole school opportunities for theme weeks / Year 6 Junior Cadet /Performances within the local community/
Digital leaders / School Council / House Teams /Enterprise

Hope and Aspiration

Love and forgiveness is always there. New start for all. We can aim high. Be the best we can be.

Forgiveness Courage

Our pupils will leave this school

With confidence, resilience and positive self-esteem

With the ability to manage emotions and to communicate constructively in a variety of settings

Being able to identify and manage risk and make informed choices

Equipped to live healthy, safe, productive, capable, responsible and balanced lives.

Having experienced a wide range of opportunities outside of National Curriculum

INTENT (WHY)

Excited to learn with confidence together in God's hands.

Vision for PSHE, including RSE



Wisdom, Knowledge and Skills

IMPLEMENT (HOW)

Never give up on learning. Using knowledge well. BUT ethics as well as wisdom.

Perseverance

The curriculum will look like

A weekly quality PSHE lesson, built on a progressive framework which includes statutory Relationships Education
Opportunities to explore issues in other subjects when they arise, including Online Safety in Computing, Healthy Eating in Technology /Physical Activity in P.E.

Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
Pupils will be provided with opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy
Pupils will be taught the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
Pupils will learn how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.

God who connects and underpins the other four

At St. Michael's, we are all guided by our Christian values to inspire one another; encouraging confident, committed and caring children to flourish through life's journey.

